

12.6.2023

## **Stool sample for measuring nucleic acid in pathogenic bacteria (F –BaktNhO, 54328)**

### **Sampling kit**

- Bacteria transportation tube
- Stool specimen container
- Labels for personal data and travel information

### **Sample collection**

- Time the collection so that you can take the sample to the laboratory on the same day.
- Empty your bladder (there should not be urine in the specimen).
- Pass stool on toilet paper or into a clean, dry dish, for example a disposable dish or a potty or other suitable dish covered with a clean plastic bag (e.g. freezer bag).
- Transfer stool both into the bacteria transportation tube and the stool specimen container according to the following instructions:

#### **Bacteria transportation tube**

- Remove the bacteria transportation tube from the plastic cover.
- Remove the plastic protective plug from top of the tube (plug can be thrown to waste).
- Dip the cotton head of the sample stick well into the stool, preferable in the slimy or bloody part.
- Insert the sample stick into the bacterial transportation tube so that the cotton head immerses into the gel and the plug at the end of the stick closes the tube tightly.

#### **Stool specimen container**

- Put fresh stool into the sample container (about half the container).
  - Screw the top of the specimen container shut tightly and make sure the container does not leak.
- Write your name, personal identity code and date and time of sample collection as well as information about your travel abroad on the labels:
    - If you have travelled abroad in the past few weeks, write: COUNTRY and RETURN DATE.
    - If you have not travelled abroad in the past few weeks, write: NO TRAVELS.
  - Stick the labels lengthwise both on the bacteria transportation tube and the stool specimen container. Put both in a plastic bag. If there is a paper referral, leave it outside the bag.

### **Storage**

Keep the sample waiting to be transported in a cold place (refrigerator). Take the tube and potential paper referral to the laboratory on the day of sample collection in room temperature or in refrigerator temperature.

Let the person collecting the sample know if you were not able to follow these instructions or if you were given other instructions.

You medical care physician or nurse will answer inquiries concerning testing and test results. The laboratory will answer questions related to sampling procedure.