

12.6.2023

## **Stool sample for calprotectin measurement (F-Calpro, 4803)**

### **Preparation**

You do not need to follow any special diet before sampling. The sample can be collected at any time of the day, unless particular time has been agreed on with the physician or a nurse. The sample cannot be collected during bowel emptying process for endoscopy.

### **Sampling kit**

- Stool sample container
- Label for personal data

### **Sampling**

- Empty your bladder before passing stool (there should be no urine in the sample).
- Pass stool on toilet paper or into a clean dry dish, for example a disposable dish or a potty or other suitable dish covered with a clean plastic bag (such as freezer bag).
- Place freshly passed stool into the sample container (approx. half the container).
- Close the lid of the sample container by screwing it tightly and make sure it does not leak.
- Write your name, personal identity code and date and time of sample collection on the label. Stick the label on the sample collection container.
- Place the container into a plastic bag. If the sample is accompanied by a written referral, leave it outside the bag.

### **Storage**

Keep the sample in a cold place and take it to the laboratory as soon as possible. The sample can be transported to the laboratory in room temperature.

Let the person collecting the sample know if you were not able to follow these instructions or if you were given other instructions.

You medical care physician or nurse will answer inquiries concerning testing and test results. The laboratory will answer questions related to sampling procedure.