

12.6.2023

## Stool sample for measuring parasite nucleic acid (F –ParaNho, 13844)

### Sampling kit

- eNAT sample tube (blue cap), NOTE! The sample tube contains preservative.
- Sample swab (pile swab)
- Label for personal and travel data



### IMPORTANT!

The preservative liquid of the sample **guanidine thiocyanate is toxic.**

In case of:

- **SKIN CONTACT:** Remove contaminated clothing. Wash the skin with plenty of water and mild detergent for about 10-15 minutes.
- **EYE CONTACT:** Flush with plenty of water for about 20-30 minutes. In case of infection symptoms such as pain or vision disorder in the eyes contact a physician.
- **MOUTH CONTACT:** Do not induce vomiting. Flush your mouth and drink water (approx. 1 glass)
- If necessary, contact the Poison Information Centre, tel. 0800 147 111 (free of charge) or 09 471 977 (normally priced call).

### Sampling

- Time the sampling so that you can take the sample to the laboratory during the same day or latest the morning after.
- Empty your bladder before passing stool (there should be no urine in the stool).
- Pass stool into a clean dry dish, for example a disposable dish, toilet paper or a potty covered with a clean plastic bag (e.g. freezer bag) or other suitable dish.
- Transfer stool to the eNAT tube as follows:
  - Open the cap of the tube and place the tube in upright position on an even surface.
  - Open the sample swab package and take the swab stick out of the package.
  - Insert the swab stick into the stool so that a small amount of stool remains on the cotton head (see the image).
  - Insert the sample swab stick into the liquid inside the tube and mix carefully until the stool dissolves into the liquid.
- **Remove the swab from the tube** and throw into mixed waste. Note. Do not break the swab!
- Close the cap carefully.
- Write your name, personal identity code, date and time of sampling and information about your travels abroad:
  - If you have travelled abroad during the previous few weeks, write: COUNTRY and RETURN DATE.
  - If you did not travel abroad within the previous few weeks, write: NO TRAVELS.
- Stick the label lengthwise on the sampling tube. Put the tube into a plastic bag. If there is a written referral, leave it outside the bag.



Sopiva määrä



Liikaa näytettä

### Storage

Keep the sample waiting to be transferred in a cold place (refrigerator). Take the sample tube and potential paper referral to the laboratory on the day of sampling in room temperature or in refrigerator temperature.

Let the person collecting the sample know if you were not able to follow these instructions or if you were given other instructions.

Your medical care physician or nurse will answer inquiries concerning testing and test results. The laboratory will answer questions related to sampling procedure.