

12.6.2023

Stool sample for bacterial culture (F –SalmVi 2608 and F -BaktVi3 3584)

Sampling kit

- Bacteria transportation tube
- Stool sample container
- Labels for personal and travel data

Sampling

- Empty your bladder before passing stool (there should be no urine in the stool).
- Pass stool on toilet paper or into a clean dry dish, for example a disposable dish or a potty covered with plastic bag /e.g. freezer bag) or other suitable dish.
- Transfer stool both into the bacteria transportation tube and the stool sample container as follows:

Bacteria transportation tube

- Remove the protective plastic around the tube.
- Remove the protective plastic plug from the upper end of the tube (plug can be discarded).
- Dip the cotton head of the swab stick well into the stool, preferably into a bloody and slimy part.
- Insert the swab stick into the bacteria transportation tube so that the cotton head of the swab sinks into the gel and the plug on the other end of the swab closes the tube tightly.

Stool sample container

- Put fresh stool into the sample container (approx. half a container).
 - Screw the top of the container carefully shut and make sure the container does not leak
- Write your name, personal identity code, date and time of sampling and information about your travels abroad on the label:
 - If you have travelled abroad during the previous few weeks, write: COUNTRY and RETURN DATE.
 - If you have not travelled abroad during the past few weeks, write: NO TRAVELS.
 - Stick the labels lengthwise both on the bacteria transportation tube and the stool sample container. Place both tube and container into a plastic bag. If there is a paper referral, leave it outside the bag.

Storage

Store the samples waiting to be transported in a cold place (refrigerator). Take the samples and potential paper referral to the laboratory as soon as possible either in room temperature or refrigeration temperature.

Let the person collecting the sample know if you were not able to follow these instructions or if you were given other instructions.

You medical care physician or nurse will answer inquiries concerning testing and test results. The laboratory will answer questions related to sampling procedure.