

12.6.2023

Stool sample for detecting *Helicobacter pylori* (-HepyNhO, 6314)

Note

- List of medicines not to be taken **two weeks** before sampling:
 - **Proton pump inhibitors:** effective agent esomeprazole, lansoprazole, omeprazole, pantoprazole or rabeprazole.
 - Examples of trade names: ACIDAL, ESOMEPRAZOL (several different manufacturers), GASTERIX, LANSOPRAZOL KRKA, LANSOPRAZOLE, LOSEC, LOSEC MUPS, NEXIUM, OMEPRAZOL (several different manufacturers), OMESTAD, PANTOPRAZOL (several different manufacturers), PANTOPRAZOLE RATIOPHARM, PARIET, RABEPRAZOL KRKA, SOMAC, SOMAC CONTROL, VIMOVO, ZOLT
- Medicines not to be taken **four weeks** before sampling:
 - **Helicobacter eradication medication:** HELIPAK A, HELIPAK K
 - **Antibiotics course**

Sampling kit

- Stool sample container
- Label for personal data

Sampling

- Try to time the sampling so that you can take the sample to the laboratory on the same day.
- Pass stool on toilet paper or into a clean dry dish, for example a disposable dish or into a potty covered with clean plastic bag (e.g. freezer bag) or other suitable dish. **Loose diarrhoeic stool is not suitable for sampling.**
- Put fresh stool into the sample container (small lump).
- Screw the lid of the sample container shut tightly and make sure the container does not leak.
- Write your name, personal identity code and date and time of sampling on the label and stick it on the sample container.

Place the sample container into a plastic bag. If there is a paper referral, leave it outside of the bag.

Storage

Store the sample in a cold place and **take it to the laboratory on the same day**. The sample can be transported to the laboratory I room temperature.

Let the person collecting the sample know if you were not able to follow these instructions or if you were given other kind of instructions.

You medical care physician or nurse will answer inquiries concerning testing and test results. The laboratory will answer questions related to sampling procedure.

Contact information of your medical care physician/nurse	
Contact information of the laboratory	