

12.6.2023

## Urine sample collection for testing chlamydia and gonorrhoea (U –CtGcNhO, 4816)

### Sampling kit (keep away from the reach of children)

- Factory clean sample container
- Label for marking the sample container/sample tube
- You might have been given an Aptima Urine Collection Kit for sample collection containing a plastic pipette and sample transport tube. **Note!** The tube contains liquid preservative which is detrimental for mucous membranes and the skin. Do not pour the liquid from the tube and do not drink it. Keep open tube in upside position. In case of skin or mucous membranes contact flush immediately with plenty of water and contact a physician, if necessary.

### Preparation

- Do not urinate for at least one hour before collection of the sample.
- Wash your hands before collecting the sample. Do not wash your genitals before sample collection.

### Collecting and storing the sample if you were given only a collection container.

- Start urinating directly into the collection container. Collect 20-30 ml of first urine.
- Write your name, personal identity code and sample collection date and time on the label and stick it on the collection container.
- Take the sample container to the laboratory in room temperature as soon as possible on the same day.

### Collection and storage of the sample if you were given a sample transfer tube and plastic pipette besides the collection container

- Start urinating directly into the sample container. Take 20-30 ml of the first urine.
- Open the cap of the urine sample transportation tube. Do not break the folio part of the sample transportation tube. Be careful not to spill the liquid in the transportation tube.
- Transfer about 2 ml of urine with the plastic pipette from the collection container into the transportation tube. The amount of urine is sufficient when the liquid surface is between the two black lines (image 1).
- Close the cap of the sample transportation tube tightly (image 2).
- Write you name, personal identity code and date and time of sampling on the label. Stick the label on the sample transportation tube. The label should not cover the window between the two black lines that show the amount of the sample.
- Take the sample transportation tube to the laboratory in room temperature.
- Discard the original sample collection container and plastic pipette into mixed waste.



Kuva 2



Kuva 1

Let the person collecting the sample know if you were not able to follow these instructions or if you were given other instructions.

You medical care physician or nurse will answer inquiries concerning testing and test results. The laboratory will answer questions related to sampling procedure.