

Dexamethasone measurement, short (Pt-DXM-R1, 1225)

- You get the dexamethasone drug from your medical care unit.
- Keep the drugs in room temperature. Unused drugs should be returned to where you got them from.
- NOTE! The measurement cannot be performed if you have a referral from a private physician and you pay for it yourself.
- Please book an appointment at www.islab.fi tel. 044 7178888.

Preparation

1. Medication: If possible, interrupt all medication for one week before the test. Your physician will advise you about potential interruption of medication. Instructions on interruption of medication (to be filled by the medical care unit):

2. Avoid alcohol and physical stress for 24 hours before the test.
3. Arrive in the laboratory early so that you will have time to sit down for 15 minutes before the blood sampling.

Measurement and sampling

1. Take dexamethasone drug in the evening at 11 pm as instructed by the medical care unit. (1,0 mg or 1,5 mg pill). A child's (under 15) dose is determined by the medical care unit.

Dose determined by the medical care unit: _____mg.

2. A blood sample will be taken the next morning at 8 am.

Let the person collecting the sample know if you were not able to follow these instructions or if you were given other kinds of instructions.

If you have any questions regarding the sample collection, please contact ISLAB's customer service by calling tel. 044 457 0740.

Your own doctor or nurse will answer any questions you may have about your tests and results.