

Collecting urine sample for tuberculosis bacteria culture (-TbVi, 2812)

Preparation

Collect the sample from the morning urine that has been in the bladder overnight (not urinating for at least 4 hours).

Sample collection equipment

- Three disposable sample collection cups
- Three screw-top sample containers

Sample collection

- Collect a sample on three consequent weekday mornings.
- Wash your hands thoroughly.
- Open the sample collection cup. Place the top upside down on a clean table while you collect the sample. Do not touch the interior surface of the container or the top.
- Have a screw-top sample container ready, because the sample must be transferred from the sample collection cup into the sample container immediately after the sample is taken.
- Wash your genitals with warm water. Do not use soap. Dry with toilet paper.
- Urinate into the sample collection cup:

Women:

Keep your labia apart and urinate first a little into the toilet bowl. Place the collection cup under the urine stream without interrupting the stream and fill 2/3 of the cup with urine.

Men:

Hold back the foreskin and urinate first a little into the toilet bowl. Place the collection cup under the urine stream without interrupting the stream and fill 2/3 of the cup with urine.

- Pass the rest of the urine into the toilet bowl.

Transferring the urine sample into the sample container, storage and delivering to laboratory

- Wash your hands thoroughly.
- Open the screw-top of the sample container and place the top upside down on the table.
- Pour (about 50 ml) of urine from the sample collection cup to the screw-top sample container.
- Screw the top of the container tightly shut to avoid leakage during transportation.
- Pour the rest of urine from the collection cup into the toilet bowl and close the top of the sample collection cup. Throw into mixed waste.
- Wash your hands thoroughly.
- Fill the required sample details on the last page of this form. If you return samples on three consequent weekdays, please cut the page into three parts.
- Pack the sample container into a resealable plastic bag (e.g. Minigrip®). Put the sample details (your name, personal identity code, phone number, time of sample collection) into the same plastic bag. Put the bag into the fridge immediately.
- Take the sample container to the laboratory as soon as possible but **definitely on the same day.**
- The sample can be transported to the laboratory at room temperature. The sample must not be allowed to freeze, and it must be protected from direct sunlight.

Let the person collecting the sample know if you were not able to follow these instructions or if you were given other kinds of instructions.

If you have any questions regarding the sample collection, please contact ISLAB's customer service by calling tel. 044 457 0740.

Your own doctor or nurse will answer any questions you may have about your tests and results.

Sample details

Fill in this page and return it together with the samples. If you return samples on three consequent weekdays, please cut this page into three parts.

Sample 1

Write your first name and surname:

Write your personal identity code:

Write your phone number:

Write the date and time of sample collection:

Write additional information if necessary:



Sample 2

Write your first name and surname:

Write your personal identity code:

Write your phone number:

Write the date and time of sample collection:

Write additional information if necessary:



Sample 3

Write your first name and surname:

Write your personal identity code:

Write your phone number:

Write the date and time of sample collection:

Write additional information if necessary: