

Sample collection for detecting occult blood in the stool (F -hHb,6455)

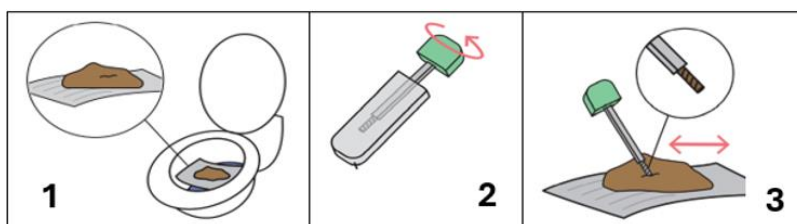
Sample collection equipment

- Sample tube (green cap)
- Plastic bag with an absorbent pad
- You will also need a newspaper, a disposable plate or other clean and dry surface to pass stool onto.

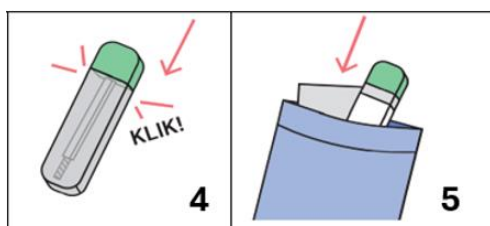
If the doctor has requested for more than one sample, you will receive a corresponding number of sample kits. In this case, the samples must be collected on different days or at least during separate bowel movements. Each sample must be collected in a separate tube, and the date of the sampling must be written on each tube.

Collecting sample

1. Pass stool onto a clean and dry surface, such as a newspaper or a disposable plate. Avoid getting urine mixed in with the stool sample.
2. Open the sample tube by unscrewing the green cap. Do not break the tinfoil film at the bottom of the tube.
3. Collect stool onto the tip of the sampling stick attached to the cap. Swipe the stick back and forth in the stool in several different spots. You can stop when the stick's spiral tip is covered in stool (see the circled image). Too much stool in the sample tube can lead to a faulty result.



4. Put the cap stick first into the sample tube. Do not break the tinfoil film at the bottom of the tube. Close the cap carefully by pressing it down until you hear a clicking sound. Do not open the cap anymore.
5. Put the sample tube in a plastic bag. There is an absorbent pad in the bag. Leave it in the bag with the sample tube. Close the bag tightly.



Write the sample details on the last page of this form. Put the page into a larger plastic bag together with a small plastic bag which contains the sample tube and absorbent pad. Close the bag carefully so that it will not open accidentally.

The sample should preferably be delivered to the laboratory on the same day you collected the sample. If the delivery time becomes longer, please store the sample in the fridge.

Let the person collecting the sample know if you were not able to follow these instructions or if you were given other kinds of instructions.

If you have any questions regarding the sample collection, please contact ISLAB's customer service by calling tel. 044 457 0740.

Your own doctor or nurse will answer any questions you may have about your tests and results.

Sample details

Fill in this page and return it together with the samples.

Write your first name and surname:

Write your personal identity code:

Write your phone number:

Write the date and time of sample collection. NB! If you have been given more than one sample tubes, write the date and time of each sample collection also on the sample tubes:

Write additional information if necessary: