ISLAB
LABORATORIOKESKUS

Potilasohje
12.11.2026
1.2.246.10.21261066.100.15.2026.3.75.1

Stool sample for calprotectin measurement

Test: F-Calpro, 4803

Sample collection equipment

- Stool sample container
- You will also need a disposable plate or other clean and dry surface to pass stool onto.

Preparation

You do not need to follow any special diet before sampling. The sample can be collected at any time of the day, unless particular time has been agreed on with the physician or a nurse. The sample cannot be collected during bowel emptying process for endoscopy.

Collecting the sample

1. There should be no urine in the sample. Therefore, empty your bladder before passing stool.
2. Pass stool into a clean dry dish, for example a disposable dish or a potty.
3. Open the lid of the sample container and place stool into the sample container (approx. half the container).
4. Close the lid of the sample container by screwing it tightly and make sure it does not leak. If the outside surface of the container is dirty, please wipe it clean with a piece of paper.
5. Place the container into a plastic bag. Close the bag tightly.
6. Wash your hands carefully.
7. Fill in the required details on the last page. Put the filled page and the plastic bag containing the sample container in another plastic bag. Close the bag tightly.

Storage and transportation

Keep the sample in a cold place and take it to the laboratory as soon as possible. The sample can be transported to the laboratory at room temperature.

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Let the person collecting the sample know if you were not able to follow these instructions or if you were given other kinds of instructions.

If you have any questions regarding the sample collection, please contact ISLAB’s customer service by calling tel. 044 457 0740.

Your own doctor or nurse will answer any questions you may have about your tests and results.

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Sample information (fill in this page and return only this page to the laboratory together with the sample).

Write your first name and surname:

Write your personal identity code:

Write your phone number:

Write the date and time of sample collection:

Write additional information if necessary: