ISLAB
LABORATORIOKESKUS

Potilasohje
12.11.2026
1.2.246.10.21261066.100.15.2026.3.79.1

Stool sample for measuring parasite nucleic acid

Test: F-ParaNhO (13844)

Sample collection equipment

- Sample tube (eNAT, blue cap)
- Sample swab
- You will also need a disposable plate or other clean and dry surface to pass stool onto

Important!

The liquid in the sample tube **guandine thiocyanate is toxic**. Do the following in case of:

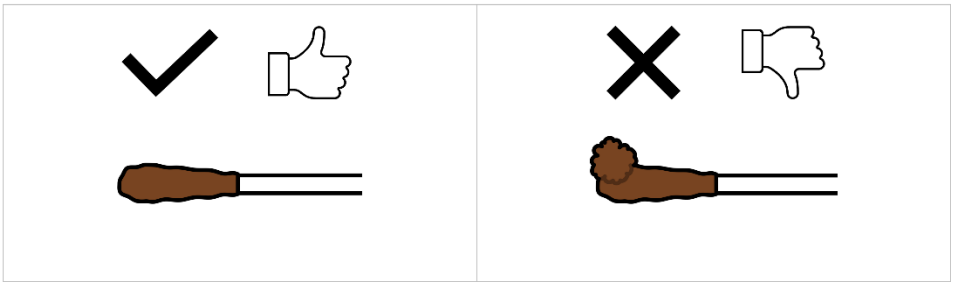
- SKIN CONTACT: Remove contaminated clothing. Wash the skin with plenty of water and a mild detergent for about 10–15 minutes.
- EYE CONTACT: Flush with plenty of water for about 20–30 minutes. In case of symptoms of infection in the eyes such as pain or visual disturbances contact a doctor.
- MOUTH CONTACT: Do not induce vomiting. Flush your mouth and drink water (approx. 1 glass).
- If necessary, contact the Poison Information Centre, tel. 0800 147 111 (free of charge) or 09 471 977 (normally priced call).

Collecting the sample

1. There should be no urine in the stool. Therefore, empty your bladder before passing stool.
2. Pass stool into a clean dry dish, for example a disposable dish.
3. Open the cap of the tube and place the tube in an upright position on an even surface.
4. Take the sample swab out of the package.

5. Insert the sample swab into the stool so that a small amount of stool remains in the head of the swab (see image A).

A



6. Insert the sample swab into the sample tube so that the head of the swab is immersed in the liquid. Mix carefully until the stool dissolves into the liquid.
7. Remove the sample swab from the sample tube. Dispose of the sample swab in the mixed waste.
8. Close the cap of the sample tube tightly and make sure it does not leak. If the outside surface of the container is dirty, please wipe it clean with a piece of paper.
9. Place the sample tube into a plastic bag. Close the bag tightly.
10. Wash your hands carefully.
11. Fill in the required details on the last page. Put the filled page and the plastic bag containing the sample tube in another plastic bag. Close the bag tightly.

Storage and transportation

Store the sample in the fridge. Deliver the sample to the laboratory in room temperature on the day of collection or by the following morning at the latest.

Let the person collecting the sample know if you were not able to follow these instructions or if you were given other kinds of instructions.

If you have any questions regarding the sample collection, please contact ISLAB’s customer service by calling tel. 044 457 0740.

Your own doctor or nurse will answer any questions you may have about your tests and results.

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Sample details (fill in and return only this page to the laboratory together with the sample)

Write your first name and surname:

Write your personal identity code:

Write your phone number:

Write the date and time of sample collection:

Write additional information if necessary: