ISLAB
LABORATORIOKESKUS

Potilasohje
10.11.2026
1.2.246.10.21261066.100.15.2026.3.68.1

Stool sample for bacterial culture and measuring nucleic acid in pathogenic bacteria

Tests: F -SalmVi (2608), F -BaktVi3 (3584), F -BaktNhO, (54328) and F-MikrNhO (54341)

Sample collection equipment

- Bacteria trasportation tube
- Stool sample container
- You will also need a disposable plate or other clean and dry surface to pass stool onto.

Collecting the sample

- There should be no urine in the sample. Therefore, empty your bladder before passing stool.
- Pass stool into a clean dry dish, for example a disposable dish or a potty.

Transfer stool both into the bacteria transportation tube and the stool sample container as follows:

Bacteria transportation tube

- Remove the protective plastic around the tube.
- Remove the protective plastic plug from the upper end of the tube (plug can be discarded).
- Dip the cotton head of the swab stick well into the stool, preferably into a bloody and slimy part.
- Insert the swab stick into the bacteria transportation tube so that the cotton head of the swab sinks into the gel and the plug on the other end of the swab closes the tube tightly.
- Place the bacteria transportation tube into a plastic bag.

Stool sample container

- Open the lid of the sample container and place stool into the sample container (approx. half the container).
- Close the lid of the sample container by screwing it tightly and make sure it does not leak. If the outside surface of the container is dirty, please wipe it clean with a piece of paper.

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- Place the container into the same plastic bag with the bacteria transportation tube. Close the bag tightly.
- Wash your hands carefully.
- Fill in the required details on the last page. Put the filled page and the plastic bag containing the bacteria transportation tube and sample container in another plastic bag. Close the bag tightly.

Place only one person’s samples in the same bag.

Storage and transportation

Keep the samples in a cold place. Take the samples and potential paper referral to the laboratory as soon as possible at room temperature.

Let the person collecting the sample know if you were not able to follow these instructions or if you were given other kinds of instructions.

If you have any questions regarding the sample collection, please contact ISLAB’s customer service by calling tel. 044 457 0740.

Your own doctor or nurse will answer any questions you may have about your tests and results.

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Sample information (fill in this page and return only this page to the laboratory together with the sample).

Write your first name and surname:

Write your personal identity code:

Write your phone number:

Write the date and time of sample collection:

Fill in information about travelling abroad:

☐ I have travelled abroad during past 4 weeks.

Country:

Return date:

☐ I have not travelled abroad during past 4 weeks.