ISLAB
LABORATORIOKESKUS

Potilasohje
19.11.2026
1.2.246.10.21261066.100.15.2026.3.81.1

Collection of urine sample for testing of amino terminal peptides of Collagen I

Test: U-INTP (4477)

Urine collection

Empty your bladder, for example, at 7 in the morning. Do not collect this urine.

For testing purposes collect the urine that has **been in your bladder for the following two (2) hours**.

It is recommended that you empty your bladder at home in the morning and come to the laboratory to give a urine sample two hours later.

If you collect the sample at home, pick up a clean urine sample collection container from the laboratory.

Storage and transportation to the laboratory of a urine sample collected at home

If you collect the sample at home, keep it in the collection container in the fridge. The sample must not be exposed to sunlight, and it must be protected from light. If the collection container is transparent letting light in, it must be wrapped, for instance, in aluminum foil.

Take the sample to the laboratory in the collection container on the day of collection. Fill in the required details on the last page and bring them to the laboratory with the sample.

Follow-up samples of the same patient should be collected at the same time of the day.

Let the person collecting the sample know if you were not able to follow these instructions or if you were given other kinds of instructions.

If you have any questions regarding the sample collection, please contact ISLAB's customer service by calling tel. 044 457 0740.

Your own doctor or nurse will answer any questions you may have about your tests and results.

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Sample information (fill in this page and return only this page to the laboratory together with the sample)

Fill in this page and return it together with the samples.

Write your first name and surname:

Write your personal identity code:

Write your phone number:

Write the date and time of sample collection:

How long it had been since you last urinated (recommendation 2 hours):

Write additional information if necessary: